

Holy Communion during Lent

The Watershed Benefice at Home

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you
and also with you.

Welcome

Prayer of Preparation

Almighty God,

**to whom all hearts are open, all desires known,
and from whom no secrets are hidden:**

**cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,
that we may perfectly love you, and worthily magnify your holy name;
through Christ our Lord. Amen**

Prayers of Penitence

Our Lord Jesus Christ said: The first commandment is this:

‘Hear, O Israel, the Lord our God is the only Lord.

You shall love the Lord your God with all your heart,
with all your soul, with all your mind, and with all your strength.’

The second is this: ‘Love your neighbour as yourself.’

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

Amen. Lord, have mercy.

Confession

The sacrifice of God is a broken spirit;

a broken and contrite heart God will not despise.

Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

Almighty God, our heavenly Father,

we have sinned against you and against our neighbour

**in thought and word and deed, through negligence, through weakness,
through our own deliberate fault.**

We are truly sorry and repent of all our sins.

For the sake of your Son Jesus Christ, who died for us,

**forgive us all that is past and grant that we may serve you in newness of life
to the glory of your name. Amen.**

Wash me thoroughly from my wickedness and cleanse me from my sin:

Lord, have mercy.

Lord, have mercy.



Make me a clean heart, O God, and renew a right spirit within me:
Christ, have mercy. **Christ, have mercy.**

Cast me not away from your presence and take not your holy spirit from me:
Lord, have mercy. **Lord, have mercy.**

Almighty God, who forgives all who truly repent,
have mercy upon you, pardon and deliver you from all your sins,
confirm and strengthen you in all goodness, and keep you in life eternal;
through Jesus Christ our Lord. **Amen.**

The Collect *We take a moment of silence then say the prayer for today together*

Psalm and Reading

At the end of the Psalm, we say together

**Glory to the Father, and to the Son, and to the Holy Spirit
As it was in the beginning, is now, and shall be for ever. Amen**

Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to N.

Glory to you O Lord.

And, at the end

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

The Nicene Creed

**We believe in one God,
the Father, the Almighty, maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light, true God from true God, begotten, not made,
of one Being with the Father; through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life, who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy, catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come.
Amen.**

Prayers of Intercession

Lord, in your mercy
Hear our prayer.

And at the end

Merciful Father,
**accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you
and also with you.

Preparation of the Table and thanksgiving for the offering

The minister gives thanks for the gifts given for the work of the church, then says
Be present, be present, Lord Jesus Christ, our risen high priest;
make yourself known in the breaking of bread. **Amen**

The Eucharistic Prayer

The Lord is here.
His Spirit is with us.

Lift up your hearts.
We lift them to the Lord

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right and good to give you thanks and praise.....
for ever praising you and saying:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.**

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Accept our praises, heavenly Father.....
we make the memorial of Christ your Son our Lord.

Great is the mystery of faith
Christ has died: Christ is risen: Christ will come again.

Accept through him, our great high priest.....
we worship you, Father almighty, in songs of everlasting praise

Blessing and honour and glory and power be yours for ever and ever. Amen.

The Lord's Prayer

**Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done; on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation; but deliver us from evil.
For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

We break this bread to share in the body of Christ
Though we are many, we are one body, because we all share in one bread.

Agnus Dei

**Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, grant us your peace.**

Giving of Communion

Jesus is the Lamb of God who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

**Most merciful Lord, your love compels us to come in.
Our hands were unclean, our hearts were unprepared;
we were not fit even to eat the crumbs from under your table.
But you, Lord, are the God of our salvation,
and share your bread with sinners.
So cleanse and feed us with the precious body and blood of your Son,
that he may live in us and we in him;
and that we, with the whole company of Christ,
may sit and eat in your kingdom. Amen.**

Whilst we are unable to share physically in the bread and wine, you may wish to pray this prayer of Spiritual Communion quietly to yourself

Thanks be to you, Lord Jesus Christ,
for all the benefits you have given me,
for all the pains and insults you have borne for me.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
O most merciful redeemer, friend and brother,
may I know you more clearly, love you more dearly,
and follow you more nearly, day by day. Amen.

Prayer after Communion

The prayer for the day is read, then we pray together

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

Blessing and Dismissal

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty, the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord
In the name of Christ. Amen.