**Guidelines for attending our service of Holy Communion at 10am at St Martin’s, Kensal Rise from July 25th**

If you have any of the symptoms of Covid 19 **please** **do not** attend the service but stay at home and get tested. Details [here](https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/).

Before you leave home:

* Visit the toilet to lessen the possibility of having to use the toilets at church.
* Wash your hands thoroughly.

Arriving for the service:

* The doors will be open from 10 mins before the due start time of the service. Arrive early to register and to be comfortably in your seat in good time before we start.
* There will be hand sanitiser available at the church foyer for coming in and leaving.
* Please use the QR code in the entrance foyer.
* There will be a registration sheet at the entrance to record your name, contact details (phone or email). This is no longer required by law, but is still recommended and we would encourage everyone to ‘register’. We will only share your details with NHS Test and Trace, if asked, in the event that it is needed to help stop the spread of coronavirus. We will not use your details for any other purposes or pass them on to anyone else. They will be securely disposed of after 21 days.
* Face coverings are no longer mandatory though the government expects and recommends that people wear face coverings in crowded and enclosed settings to protect themselves and others. We would encourage you to continue to wear a face mask if you can.
* The chairs will be more spaced out in rows than they usually are. We recommend that you keep an empty seat either side between you and other individuals or groups.
* There will be some congregational singing during the service.
* Service books and hymn books will be available. Please leave them on the table at the end of the service.
* The peace will be shared at a distance, smiling, waving or bowing.
* The offertory bowl will be out on the book table rather than being passed around.
* Holy Communion will only be received in one kind by the people, there will be no common chalice for the time being.
* Clergy will sanitize their hands and wear a face mask to distribute the consecrated bread.
* People will come up to the dais row by row in our usual fashion to receive communion and return to their seats.
* There will be no provision for crèche or Junior Church for the time being.
* There will be no refreshments after the service for the time being.

Leaving after the service:

* Wash your hands thoroughly on arriving home.
* If you develop symptoms in the coming days after you have attended a service, please let us know as soon as possible so that we can advise others and carry out necessary sterilising of the building. Please let Graham by email or phone.
* graham@noycefamily.co.uk or 07515 702862

We are aware that for some these changes will feel too fast, for others too slow. We will continue to take small steps over the coming weeks, and will review the next steps as the new academic term starts in September.