Mondays 2pm to 4pm Kairos Centre, Grange Park, NN4 5DW

 Relax and Chat Enjoy a Cuppa with Biscuit/Cake Make new friends Everyone Welcome

***Bingo, Quizzes, Visiting Speakers and other activities put on occasionally as requested by our members***

No need to book just turn up. For further information contact phone 01604 709519 email: jill.kairos@grangeparkchurch.com.

Struggling to get here then please contact us as above.

*Supported by Grange Park Church*