

## *Welcome to St Thomas Church!*

*Whether you are joining us in the building, or , online we hope you will feel welcome.*

*As part of our worship there are parts we join in together, we invite you to join in with the words in **bold italics**.*

*May God bless you and meet with you today.*

### **Welcome**

### **Hymn/Song**



*If you u are in the building please use the time to worship God quiet reflection or in spoken words of praise rather than singing.*



*If you are online please do feel free to worship God in song.*

### **Confession**

Christ came in humility to share our lives:

forgive our pride.

Lord, have mercy.

***Lord, have mercy.***

Christ came with good news for all people:

forgive our silence.

Christ, have mercy.

***Christ, have mercy.***

Christ came in love to a world of suffering:  
forgive our self-centredness.

Lord, have mercy.

***Lord, have mercy.***

May the Father of all mercies cleanse us from our sins,  
and restore us in his image to the praise and glory of his  
name, through Jesus Christ our Lord.

***Amen.***

## **Reading**

*At the end the reader may say*

This is the word of the Lord

**Thanks be to God**

## **Talk**

### **Affirmation of faith**

Let us declare our faith in God.

***We believe in God the Father,  
from whom every family  
in heaven and on earth is named.***

***We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.***

***We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.***

***We believe in one God;  
Father, Son and Holy Spirit. Amen.***

### **Prayers of Intercession**

At this time you may well want to comment online with your own prayers or prayer requests, or you may want to pray quietly where you are. However we choose to, trusting in God's presence let us pray.

### **The Peace**

The risen Christ came and stood among his disciples and said, 'Peace be with you.'

Then were they glad when they saw the Lord.

The peace of the Lord always be with you...***and also with you.***



*If you are in the building please greet one another with the peace at a distance in your seat.*



*If you are online please feel free to greet one another with the peace in the comments.*

## **Holy Communion Prayers**

The Lord is here

***His Spirit is with us***

Lift up your hearts

***We lift them to the Lord***

Let us give thanks to the Lord our God.

***It is right to give thanks and praise.***

It is right to praise you, Father of all creation; in your love you made us for yourself. When we turned away you did not reject us, but came to meet us in your Son.

***You embraced us as your children and welcomed us to sit and eat with you.***

In Christ you shared our life that we might live in him and he in us.

***He opened his arms of love upon the cross and made for all the perfect sacrifice for sin.***

On the night he was betrayed, at supper with his friends he took bread, and gave you thanks; he broke it and gave it to them saying: Take, eat, this is my body which is given for you: do this in remembrance of me.

***Father we do this in remembrance of him: his body is the bread of life.***

At the end of supper, taking the cup of wine, he gave you thanks, and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you for the

forgiveness of sins; do this in remembrance of me.

***Father, we do this in remembrance of him: His blood is shed for all.***

As we proclaim his death and celebrate his rising in glory, send your Holy Spirit that this bread and this wine may be to us the body and blood of your dear Son.

***As we eat and drink these holy gifts make us one in Christ, our risen Lord.***

With your whole church throughout the world we offer you this sacrifice of praise and lift our voice to join the eternal song of heaven:

***Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of your glory,  
Hosanna in the highest.***

As our Saviour taught us so we pray,

***Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread,  
forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power  
and the glory are yours,***

***now and forever.  
Amen.***

We break this bread, to share in the body of Christ.  
***Though we are many, we are one body, because we  
all share one bread.***

### **Invitation to & giving of communion**

*The priest receives the bread and the wine*

The body and blood of Christ keep you in eternal life.

***Amen***



*Those who are gathered in the building are invited  
to receive communion or a blessing in their seats.  
Please only remove your face covering to receive the  
bread and use hand sanitiser when prompted.*



*Those who are joining us online may join with this  
prayer:*

***Thanks be to you, Lord Jesus Christ, for all the  
benefits you have given me, for all the pains and  
insults you have borne for me. Since I cannot now  
receive you sacramentally, I ask you to come  
spiritually into my heart.***

***O most merciful redeemer, friend and brother, may I  
know you more clearly, love you more dearly, and  
follow you more nearly, day by day. Amen.***

*after the Prayer of St Richard of Chichester*

***Lord Jesus Christ, you said to your disciples, 'I am with you always'. Be with me today, as I offer myself to you. Hear my prayers for others and for myself, and keep me in your care. Amen.***

### **Prayer after communion**

***Almighty God, we thank you for feeding us with the body and blood of your dear Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.***

### **Notices**

### **Hymn/Song**



*If you are in the building please use the time to worship God quiet reflection or in spoken words of praise rather than singing.*



*If you are online please do feel free to worship God in song.*

### **The Blessing & dismissal**

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son and the

Holy Spirit, be among you and remain with you always.  
**Amen.**

Go in peace to love and serve the Lord.  
***In the name of Christ. Amen.***

*Thank you for joining us as St Thomas Church as we have worshipped together this morning in building and online.*

## Contact us

If you would like to explore faith or need support during these difficult times please use the contact us:

 020 8598 9179

 @StThomasBecontree

 [www.achurchnearyou.com/church/6178/](http://www.achurchnearyou.com/church/6178/)

 [stthomaschurchdagenham@gmail.com](mailto:stthomaschurchdagenham@gmail.com)

*As part of our worship we take an offertory. If you would like to support our work in the community or would like to know more please go to a church near you, search 'St Thomas becontree', click on 'visit page' and then click on 'give here'.*

*We hope to welcome you again soon!*