

The Parish of Jarrow and Simonside

*We are the people of St. John's, St. Paul's and St. Peter's Jarrow
and St. Simon's, Simonside*

A Service of the Word for Lent

Livestream at 10 am on Facebook

<https://www.facebook.com/ParishOfJarrowAndSimonside>

Sundays, Tuesdays, Wednesdays and Thursdays

Hymn

The Gathering

In the name of the Father,
and of the Son,
and of the Holy Spirit. **Amen.**

Words of welcome

Welcome to our service of the Word.

The Lord be with you.

And also with you

Prayer of Preparation

Almighty God,
to whom all hearts are open,
all desires known,

and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.

Prayers of Penitence

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

We confess to you our selfishness and lack of love:
fill us with your Spirit.
Lord, have mercy.
Lord, have mercy.

We confess to you our fear and failure in sharing our faith:
fill us with your Spirit.
Christ, have mercy.
Christ, have mercy.

We confess to you our stubbornness and lack of trust:
fill us with your Spirit.
Lord, have mercy.
Lord, have mercy.

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.
Amen.

Collect for today

First Reading

This is the word of the Lord.

Psalm

Refrain:

Gospel Reading -

Praise to you, O Christ, King of eternal glory.
I am the light of the world, says the Lord,
whoever follows me will have the light of life.

Praise to you, O Christ, King of eternal glory.

A reading from the Gospel of St

This is the gospel of the Lord.

Reflection

Hymn

Creed

Let us affirm our faith in the words of the Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;

through him all things were made.

For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come.

Amen.

Intercessions

We pray to the Lord for courage to give up other things
and to give ourselves to him this Lent.

Give your Church the courage

to give up her preoccupation with herself
and to give more time to your mission in the world.

- We pray for . . .

Lord, in your mercy - **hear our prayer.**

Give your world the courage
to give up war, bitterness and hatred,
and to seek peace.

- We pray for . . .

Lord, in your mercy - **hear our prayer.**

Give us the courage to give up quarrels, strife and jealousy
in our families, neighbourhoods and communities.

- We pray for . . .

Lord, in your mercy - **hear our prayer.**

Give us the courage
to give up our selfishness as we live for others,
and to give time, care and comfort to the sick.

- We pray especially for those we know who are sick or suffering
for . . .

Lord, in your mercy - **hear our prayer.**

Give us the courage to give up our fear of death
and to rejoice with those who have died in faith.

- We pray for . . .

Lord, in your mercy - **hear our prayer.**

In a moment of silent prayer we bring before you people we know
who are in need of our prayers and our own needs and concerns.

silence

Lord in your mercy - **hear our prayer**

**Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

The Peace

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you.

The Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. Amen

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

Hymn

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