

The Parish Church of  
St. John the Baptist, Wakefield

# Holy Communion in Lent

Sunday 7<sup>th</sup> March 2021

**SONG**

**Lord of all hopefulness, Lord of all joy,  
whose trust, ever child-like, no cares could destroy,  
be there at our waking, and give us, we pray,  
your bliss in our hearts, Lord, at the break of the day.**

**Lord of all eagerness, Lord of all faith,  
whose strong hands were skilled at the plane and the lathe,  
be there at our labours, and give us, we pray,  
your strength in our hearts, Lord, at the noon of the day.**

**Lord of all kindliness, Lord of all grace,  
your hands swift to welcome, your arms to embrace,  
be there at our homing, and give us, we pray,  
your love in our hearts, Lord, at the eve of the day.**

**Lord of all gentleness, Lord of all calm,  
whose voice is contentment, whose presence is balm,  
be there at our sleeping, and give us, we pray,  
your peace in our hearts, Lord, at the end of the day.**

*Jan Struther (1901-1953)*  
*© Oxford University Press*

The Lord be with you  
**and also with you.**

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:**

**cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## **PRAYERS OF PENITENCE**

The sacrifice of God is a broken spirit;  
a broken and contrite heart God will not despise.  
Let us come to the Lord, who is full of compassion,  
and acknowledge our transgressions in penitence and faith.

*Silence is kept*

Wash away all my iniquity  
and cleanse me from my sin:  
Lord, have mercy.  
**Lord, have mercy.**

Against you, you only have I sinned  
and done what is evil in your sight:  
Christ, have mercy.  
**Christ, have mercy.**

Create in me a pure heart, O God,  
and renew a steadfast spirit within me.  
Lord, have mercy.  
**Lord, have mercy.**

May the God of love and power  
forgive you and free you from your sins,  
heal and strengthen you by his Spirit,  
and raise you to new life in Christ our Lord.  
**Amen.**

## **THE COLLECT FOR THE THIRD SUNDAY OF LENT**

Eternal God,  
give us insight  
to discern your will for us,  
to give up what harms us,  
and to seek the perfection we are promised  
in Jesus Christ our Lord.

**Amen.**

*The Liturgy of the Word*

### **FIRST BIBLE READING: Exodus 20:1-17**

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and

earth, the sea, and all that is in them, but rested the seventh day;  
therefore the LORD blessed the sabbath day and consecrated it.

Honour your father and your mother, so that your days may be long in  
the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbour.

You shall not covet your neighbour's house; you shall not covet your  
neighbour's wife, or male or female slave, or ox, or donkey, or anything  
that belongs to your neighbour.

This is the word of the Lord.

**Thanks be to God.**

## **SONG**

**Lord, I lift your name on high,  
Lord, I love to sing your praises;  
I'm so glad you're in my life,  
I'm so glad you came to save us.**

**You came from heaven to earth  
to show the way;  
from the earth to the cross  
my debt to pay;  
from the cross to the grave,  
from the grave to the sky,  
Lord, I lift your name on high.**

*Words and music: Rick Founds*

## **THE GOSPEL READING: John 2:13-22**

Hear the Gospel of our Lord Jesus Christ according to John.

**Glory to you, O Lord.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money-changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money-changers and overturned their tables. He told those who were selling the doves, 'Take these things out of here! Stop making my Father's house a market-place!' His disciples remembered that it was written, 'Zeal for your house will consume me.' The Jews then said to him, 'What sign can you show us for doing this?' Jesus answered them, 'Destroy this temple, and in three days I will raise it up.' The Jews then said, 'This temple has been under construction for forty-six years, and will you raise it up in three days?' But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

*At the end the reader says:*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **SERMON**

### **THE CREED**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **THE PRAYERS**

*This response may be used:*

Lord, in your mercy,  
**hear our prayer.**

*St John's Prayer for Growth*

**God of mission, you give fresh life to St John's.  
Send your Holy Spirit to give  
vision to our planning,  
wisdom to our activities,  
and power to our witness,  
that we may grow in love and commitment to you,  
in number of disciples,  
and in loving service to our neighbours  
through Jesus Christ our Lord. Amen.**

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

## *The Liturgy of the Sacrament*

### **THE PEACE**

Christ is our peace.  
He has reconciled us to God  
in one body by the cross.  
We meet in his name and share his peace.

The peace of the Lord be always with you  
**and also with you.**

### **SONG**

**The King of love my shepherd is,  
whose goodness faileth never;  
I nothing lack if I am his  
and he is mine for ever.**



Where streams of living water flow  
my ransomed soul he leadeth,  
and where the verdant pastures grow  
with food celestial feedeth.

Perverse and foolish oft I strayed;  
but yet in love he sought me,  
and on his shoulder gently laid,  
and home rejoicing brought me.

In death's dark vale I fear no ill  
with thee, dear Lord, beside me;  
thy rod and staff my comfort still,  
thy cross before to guide me.

Thou spread'st a table in my sigh;  
thy unction grace bestoweth;  
and O what transport of delight  
from thy pure chalice floweth!

And so through all the length of days  
thy goodness faileth never;  
Good Shepherd, may I sing thy praise  
within thy house for ever!

*Words: Henry Williams Baker (1821-77)*

*Music: John Bacchus Dykes (1823-76)*

## **THE EUCHARISTIC PRAYER**

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.  
For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.  
As we prepare to celebrate the Easter feast,  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and saying:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Accept our praises, heavenly Father,  
through your Son our Saviour Jesus Christ,  
and as we follow his example and obey his command,  
grant that by the power of your Holy Spirit  
these gifts of bread and wine  
may be to us his body and his blood;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Therefore, heavenly Father,  
we remember his offering of himself  
made once for all upon the cross;  
we proclaim his mighty resurrection and glorious ascension;  
we look for the coming of your kingdom,  
and with this bread and this cup  
we make the memorial of Christ your Son our Lord.

Great is the mystery of faith

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

Accept through him, our great high priest,  
this our sacrifice of thanks and praise,  
and as we eat and drink these holy gifts  
in the presence of your divine majesty,  
renew us by your Spirit,  
inspire us with your love  
and unite us in the body of your Son,  
Jesus Christ our Lord.

Through him, and with him, and in him,  
in the unity of the Holy Spirit,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty,  
in songs of everlasting praise:

**Blessing and honour and glory and power  
be yours for ever and ever. Amen.**

### **THE LORD'S PRAYER**

Trusting in the compassion of God,  
let us pray with confidence as our Saviour has taught us:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

### **BREAKING OF THE BREAD**

*The president breaks the consecrated bread.*  
Every time we eat this bread and drink this cup:  
**We proclaim the Lord's death until he comes.**

## **LAMB OF GOD**

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
grant us peace.**

## **INVITATION TO COMMUNION**

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed. Amen.**

## **THE GIVING OF COMMUNION**

The body and blood of Christ keep you in eternal life. **Amen.**

*The President receives communion and then gives communion to the other ministers on the dais.*

## **AFTER COMMUNION**

Merciful Lord,  
grant your people grace to withstand the temptations  
of the world, the flesh and the devil,  
and with pure hearts and minds to follow you, the only God;  
through Jesus Christ our Lord.

**Amen.**

**God of our pilgrimage,  
you have fed us with the bread of heaven.  
Refresh and sustain us  
as we go forward on our journey,  
in the name of Jesus Christ our Lord. Amen.**

## **SONG**

**My song is love unknown,  
my Saviour's love to me;  
love to the loveless shown,  
that they might lovely be.**

**O who am I,  
that for my sake  
my Lord should take  
frail flesh and die?**

**He came from his blest throne  
salvation to bestow;  
but men made strange, and none  
the longed-for Christ would know:  
But O! my Friend,  
my Friend indeed,  
who at my need  
His life did spend.**

**Sometimes they strew his way,  
and his sweet praises sing;  
resounding all the day  
hosannas to their King:  
Then "Crucify!"  
is all their breath,  
and for his death  
they thirst and cry.**

**They rise and needs will have  
my dear Lord made away;  
a murderer they save,  
the Prince of life they slay,**

**Yet cheerful he  
to suffering goes,  
that he his foes  
from thence might free.**

**Here might I stay and sing,  
no story so divine;  
never was love, dear King!  
Never was grief like thine.  
This is my Friend,  
in whose sweet praise  
I all my days  
could gladly spend.**

*Samuel Crossman (1623-1683)*

*The Sending Out*

### **THE BLESSING & DISMISSAL**

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

*Common Worship: Services and Prayer for the Church of England*, material from which is included in this service, is copyright ©The Archbishops' Council 2000  
CCLI Licence No: 426195