

Morning Prayer in Lent



Second Sunday of Lent

Opening Prayer

O Lord, open our lips
All and our mouth shall proclaim your praise.

Hear our voice, O Lord, according to your faithful love,
All according to your judgement give us life.

Blessed are you, God of compassion and mercy,
to you be praise and glory for ever.

In the darkness of our sin,
your light breaks forth like the dawn
and your healing springs up for deliverance.
As we rejoice in the gift of your saving help,
sustain us with your bountiful Spirit
and open our lips to sing your praise.

Blessed be God, Father, Son and Holy Spirit.
All Blessed be God for ever.

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All Amen.

The Word of God

Psalmody – Psalm 22.23-28

- 23 Praise the Lord, you that fear him;
O seed of Jacob, glorify him;
stand in awe of him, O seed of Israel.
- 24 For he has not despised
nor abhorred the suffering of the poor;
neither has he hidden his face from them;
but when they cried to him he heard them.

25 From you comes my praise in the great congregation;
I will perform my vows
in the presence of those that fear you.

26 **The poor shall eat and be satisfied;**
those who seek the Lord shall praise him;
their hearts shall live for ever.

27 All the ends of the earth
shall remember and turn to the Lord,
and all the families of the nations shall bow before him.

28 **For the kingdom is the Lord's**
and he rules over the nations.

All **Glory to the Father and to the Son**
and to the Holy Spirit;
as it was in the beginning is now:
and shall be for ever. Amen.

Old Testament Reading – Genesis 17.1-7,15-16

Canticle

All **Full of compassion and mercy and love**
is God, the Most High, the Almighty.

- 1 **Lord almighty and God of our ancestors,**
you who made heaven and earth in all their glory:
- 2 **All things tremble with awe at your presence,**
before your great and mighty power.
- 3 **Immeasurable and unsearchable is your promised mercy,**
for you are God, Most High.
- 4 **You are full of compassion, long-suffering and very merciful,**
and you relent at human suffering.
- 5 **O God, according to your great goodness,**
you have promised forgiveness for repentance
to those who have sinned against you.
- 6 **The sins I have committed against you**
are more in number than the sands of the sea.

7 **I am not worthy to look up to the height of heaven,**
because of the multitude of my iniquities.

8 **And now I bend the knee of my heart before you,**
imploring your kindness upon me.

9 **I have sinned, O God, I have sinned,**
and I acknowledge my transgressions.

10 **Unworthy as I am, you will save me,**
according to your great mercy.

11 **For all the host of heaven sings your praise,**
and your glory is for ever and ever.

Manasseh 1a, 2, 4, 6, 7a, b, 9a, c, 11, 12, 14b, 15b

All **Glory to the Father and to the Son**
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

All **Full of compassion and mercy and love**
is God, the Most High, the Almighty.

New Testament Reading – Mark 8.31-38

Sermon

Gospel Canticle

All **Blessed are those who hunger and thirst for righteousness,**
for they shall be satisfied.

1 **Blessed be the Lord the God of Israel,**
who has come to his people and set them free.

2 **He has raised up for us a mighty Saviour,**
born of the house of his servant David.

3 **Through his holy prophets God promised of old**
to save us from our enemies,
from the hands of all that hate us,

4 **To show mercy to our ancestors,**
and to remember his holy covenant.

- 5 This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,
- 6 Free to worship him without fear,
holy and righteous in his sight
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation
by the forgiveness of all their sins.
- 9 In the tender compassion of our God
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness
and the shadow of death,
and to guide our feet into the way of peace.

Luke 1.68-79

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

All Blessed are those who hunger and thirst for righteousness,
for they shall be satisfied.

Prayers

Intercessions

Lord, in your mercy
All hear our prayer

And at the end

Merciful Father,
All accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.

Silence may be kept.

The Collect

Almighty God,
you show to those who are in error the light of your truth,
that they may return to the way of righteousness:
grant to all those who are admitted
into the fellowship of Christ's religion,
that they may reject those things
that are contrary to their profession,
and follow all such things as are agreeable to the same;
through our Lord Jesus Christ,
All Amen.

The Lord's Prayer

Trusting in the compassion of God,
let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven ...

The Conclusion

Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All Amen.

Dismissal

Let us bless the Lord.

All Thanks be to God.